

Formerly NJ Foundation for Aging

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## PCTI: Person-Centered Trauma-Informed PCTI Care webinar Nov. 17, at 1 p.m. ET



Alyssa Reiner Clinical Social Worker, Jewish Family Service of Central NJ

Deborah Rokhsar Rosen Community Planning Coord Jewish Federation of Greater MetroWest NJ

**TRENTON, NJ (Nov. 10, 2021)** -- Studies indicate that 90% of older adults have experienced at least one traumatic event in their lifetime: violence, abuse, neglect, loss, disaster, war and other emotionally harmful experiences.

Person-Centered Trauma-Informed (PCTI) care acknowledges that trauma survivors have distinct and extraordinary needs and that the delivery of healthcare services they receive must include an understanding of these needs to avoid retraumatization.

NJ Advocates for Aging Well (NJAAW) is hosting a free PCTI care webinar on Wednesday, Nov. 17 at 1 p.m. ET that will delve into such areas as how healthcare providers can best approach treatment of an older person with a history of trauma, to avoid triggering that patient, and how a patient who may fear the stigma associated with their trauma history, or not see the impact trauma has on their health, can relay their history without being retraumatized

Speakers are Alyssa Reiner, Clinical Social Worker, Jewish Family Service of Central Jersey, and Deborah Rokhsar Rosen, Community Planning Coordinator, Jewish Federation of Greater MetroWest NJ.

To register for the webinar, visit <a href="https://bit.ly/PCTIwebinar">bit.ly/PCTIwebinar</a>.

PCTI care is also explored in Episode 121 of NJAAW's Aging Insights TV. Click <a href="here">here</a> to view the half-hour program.

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## About NJAAW

NJ Advocates for Aging Well (NJAAW, <u>niaaw.org</u>), formerly NJ Foundation for Aging, has been at the forefront of revolutionizing the aging experience since 1998. It is the only statewide nonprofit focused solely on providing leadership in public policy and education to enable older adults to live with independence and dignity in their communities. NJAAW's social action issues include senior housing and hunger, elder economic security, older workers and transportation. The award-winning Aging Insights, a monthly topical TV program produced by NJAAW, connects caregivers, older adults and their families to community-based services and resources. The show is available on NJAAW's <u>YouTube channel</u>, <u>website</u> and more than 70 public-access stations across NJ (check local listings for channels and times). NJAAW also presents educational forums and an Annual Conference offering development opportunities and best practices for professionals entrusted with caring for aging adults.